



Adolescent Partial Hospital Program Sample Weekly Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am	Drop-Off	Drop-Off	Drop-Off	Drop-Off	Drop-Off
9:15am	Community Meeting Goal Setting	Community Meeting Goal Setting	Community Meeting Goal Setting	Community Meeting Goal Setting	Community Meeting Goal Setting
9:30am	Psychoeducation Group	Psychoeducation Group	Psychoeducation Group	Psychoeducation Group	Psychoeducation Group
10:15am	Break	Break	Break	Break	Break
10:30am	Psychotherapy Group	Psychotherapy Group	Psychotherapy Group	Expressive Therapy	Psychotherapy Group
11:15am	Lunch	Lunch	Lunch	Lunch	Lunch
11:45am	Tutoring	Tutoring	Tutoring	Tutoring	Tutoring
1:15pm	Break	Break	Break	Break	Break
1:30pm	Open Psychotherapy/ Interpersonal Group	Open Psychotherapy/ Interpersonal Group	Open Psychotherapy/ Interpersonal Group	Open Psychotherapy/ Interpersonal Group	Open Psychotherapy/ Interpersonal Group
2:15pm	Health/Wellness Group	Health/Wellness Group	Health/Wellness Group	Health/Wellness Group	Health/Wellness Group
3:00pm	Check-Out/Dismissal Nightly Goal Setting	Check-Out/Dismissal Nightly Goal Setting	Check-Out/Dismissal Nightly Goal Setting	Check-Out/Dismissal Nightly Goal Setting	Check-Out/Dismissal Weekend Goal Setting