



PRODUCED BY BOURNEWOOD HEALTH SYSTEMS, A LEADER IN PROVIDING COMPASSIONATE CARE ALONG THE ENTIRE CONTINUUM OF PSYCHIATRIC AND SUBSTANCE ABUSE SERVICES.

Bournewood's Vision for the Future: CREATING A STATE-OF-THE-ART PSYCHIATRIC FACILITY

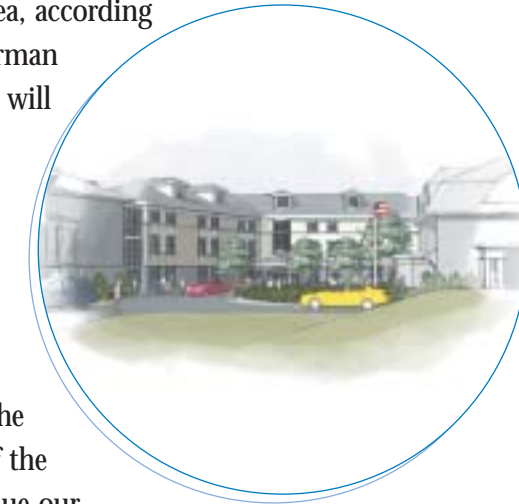
Many exciting changes are on the horizon for Bournewood Health Systems, as we launch a long-term plan to turn the Brookline campus into one of the most modern psychiatric hospitals in the greater Boston area, according to Nasir A. Khan, MD, Bournewood's Chairman and CEO. As part of this plan, Bournewood will be constructing a state-of-the-art building to serve as the new, main hub of the Hospital and to contain almost all of our existing patient beds.

Khan says that the improvements will not expand the 90-bed licensed capacity of the Hospital, but rather will enable us to make the most efficient use of space, take advantage of the latest technology and equipment, and continue our mission to provide high-quality state-of-the-art clinical care.

"Our Hospital currently meets all municipal, state and federal requirements and safety standards the way it is," Khan says, but he adds that the proposed changes will allow Bournewood to take its reputation for excellence to new heights. "We are already known throughout the state for our outstanding care. By updating our facility, we will be able to continue achieving these high standards and, at the same time, incorporate even more of the latest approaches into our treatment plans."

In addition to creating the new inpatient facility, which is expected to take several years to complete, changes are also under way at Bournewood's ambulatory program, with the hiring of a new director and the addition of several key staff members.

"Bournewood's plans for the future demonstrate our continuing commitment to providing high-quality care for our patients."



THE FUTURE LOOK OF THE HOSPITAL

"With the fiscal realities that exist in the health-care field today, these changes are important steps in securing Bournewood's future," Khan says. "By investing in ourselves today, we will remain strong and healthy so we can continue to be here to care for our patients tomorrow." ■

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Bournewood's Detoxification Program Receives JCAHO Gold Seal Approval



Bournewood Hospital's detoxification program recently received Gold Seal Approval from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) for meeting the national standards for patient safety and quality of care.

The detoxification program is an important component of the behavioral health and substance abuse services offered on the Brookline campus.

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Bournewood's Detoxification Program

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In addition to this renewed detoxification accreditation, Bournewood currently also has JCAHO accreditation for its inpatient, residential, and partial hospital services, which are in compliance with JCAHO requirements for the highest quality of care for patients.

“We are proud of the high standards of care we employ in every aspect of the services we provide here,” explains Bournewood’s president Raymond Robinson. “The latest Gold Seal Approval granted to our detoxification program, which comes in addition to the accreditation for our other hospital services, really demonstrates our ongoing commitment to excellence.”

Robinson also points out that the new accreditation is particularly timely as Bournewood is in the process of launching a new plan that will take its existing facility to new heights by incorporating more state-of-the-art features that will maximize efficiency and make the best use of space.

The latest JCAHO accreditation for Bournewood’s detoxification program was granted after JCAHO conducted an unannounced, on-site evaluation of the program and found all aspects of it to be in compliance with the recognized best practices in the field.

“In becoming accredited, Bournewood Hospital’s (detoxification program) was evaluated against a set of national standards by a Joint Commission team experienced in the delivery of behavioral health care services,” says Mary Cesare-Murphy, Ph.D., executive director of the Joint Commission’s Behavioral Health Care Accreditation Program. “Achieving accreditation demonstrates Bournewood Hospital’s commitment to providing high and safe quality care.”

All of Bournewood’s services are evaluated on an ongoing basis by JCAHO, which since 1951 has been setting safety and quality standards for health care facilities throughout the nation and challenging them to continually reach new heights by encouraging the adoption of the latest measures in safety and quality into daily practices. Currently, the Joint Commission evaluates and accredits more than 15,000 health care organizations and programs in the United States. ■



Along with Bournewood’s detoxification services, our inpatient programs provide a full continuum of care, with five inpatient units, including a discrete child/adolescent unit, and separate acute residential beds. In addition, we run separate partial hospital and ambulatory programs for adolescents and for adults.

Child/Adolescent Partial Program takes a Personalized Approach to Treatment

Young people in need of intensive psychiatric services in an outpatient setting need to look no further than Bournewood for help. Our Ambulatory Services has a specially designed track for young people from about age 12 to 18 with acute psychiatric and/or substance abuse issues who may be having difficulty in school and who require more intense treatment.

“Our Child/Adolescent Program is held Monday through Friday from 9 a.m. to 3 p.m. and takes a personalized approach to addressing issues for each participant,” explains Victoria Levi, MD, a child psychiatrist with Bournewood’s ambulatory programs. She says that the adolescent initiative involves family members and outpatient health providers in developing the most effective treatment strategy for each patient.

“This comprehensive strategy is crucial since without the necessary supports in place, our young patients will have a more difficult time when they leave our facility,” Levi says.

The members of the treatment team, all of whom specialize in working with young people, include an experienced senior psychiatrist, a psychiatric clinical nurse specialist, a certified addiction counselor, rehabilitation therapists, social workers, licensed mental health clinicians, a nurse practitioner and a registered dietitian.

The young participants also meet with a certified teacher who provides educational services to help them stay current with classroom studies so they don’t fall behind during the time they participate in our program.

“All of our clinicians use a strengths-based behavioral intervention model,” says Levi, who adds that this has proven to be a most effective approach when supervising this patient population.

In addition to participating in group therapy sessions, each patient is assigned to a primary clinician, with whom they meet regularly and who provides intensive case management services. “The case management piece is an important component of our program, since the clinician communicates with family, the primary

care providers, the school system and locally based support services,” Levi says.

Bournewood’s Child/Adolescent Partial Program can serve as a step-down for young patients who have completed an inpatient stay or, for others, may be an effective alternative to hospitalization. Referrals to the program can be made by a range of people, including families, outpatient service providers, schools, inpatient facilities, residential programs and hospital emergency rooms. ■

“Our Child/Adolescent Partial Program works to stabilize the young patient’s presenting problem and to provide strategies and recommendations for follow-up care..”

— VICTORIA LEVI, MD
CHILD PSYCHIATRIST WITH
BOURNEWOOD’S AMBULATORY SERVICES



Call
1-800-468-4358
for intake
assessments.

VICTORIA LEVI, MD
CHILD PSYCHIATRIST



Key Questions and Answers with Nasir Khan, MD, about the New Facility

WHAT IS THE CURRENT CONFIGURATION OF THE HOSPITAL?

Bournewood is a fully licensed psychiatric hospital that has been in continuous operation in South Brookline since 1895 on our current 12-acre site. At the present time, we are licensed by the Massachusetts Department of Mental Health to operate 90 patient beds, which are now spread out through several different buildings. Our existing facility has a very homey feel and provides a nurturing environment for our patients.



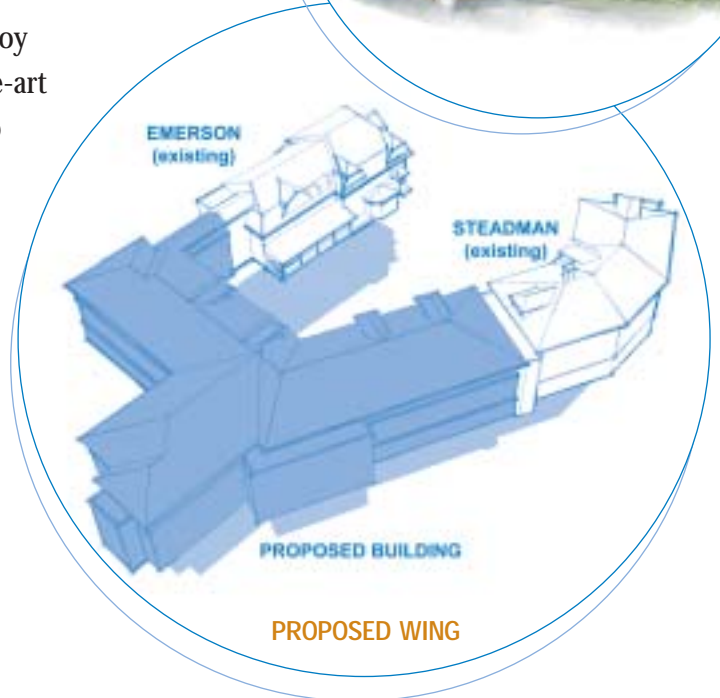
WHAT DOES THE NEW PLAN ENTAIL?

We plan to build a new structure that will serve as a bridge to connect two of our existing buildings together. Most of our 90 licensed beds will then be relocated to this new building, creating a central hub that will make our operations more efficient. By making these improvements, we will be able to include some enhanced features for patients and for staff, such as larger clinical areas, more bathrooms and more private rooms. This is just one more way we can go that extra step to build on our reputation for excellence.



WHAT WILL THE NEW PLAN OFFER FOR PATIENTS AND FOR STAFF?

Once the project is complete, our patients will enjoy the benefits of receiving treatment in a state-of-the-art facility. The new facility will also allow our staff to maximize their efficiency with the latest tools and technology at hand. In addition, the vacated buildings will allow us to relocate some of our administrative offices and will provide more space to run some of our existing outpatient clinical programs. These changes will be very exciting for our staff members, who pride themselves on going that extra step to provide an outstanding level of care for patients.



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VISION OF THE FUTURE AT BOURNEWOOD

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WHAT IS THE TIMEFRAME TO COMPLETE THE PROJECT?

The project could take several years to complete. We currently have received support from the Massachusetts Department of Mental Health to move forward on this plan. Prior to beginning the construction, regulatory approval will also be needed, including a special permit from the town's zoning board.

"This project is an important step that will help Bournewood stay on the cutting edge for years to come."

— RAYMOND ROBINSON, MBA
PRESIDENT OF BOURNEWOOD HOSPITAL

WHAT DO THE PLANS MEAN FOR BOURNEWOOD'S FUTURE?

We are one of the busiest and most successful psychiatric hospitals in the state, and we have major teaching affiliations with many local colleges and universities. With such a strong reputation to uphold, the proposed changes will enable us to remain a leading provider of psychiatric care as we move further into the twenty-first century. ■

"The increase in space will help with our efforts to provide optimum care for our patients."

— CARMEL HEINSOHN, MD
MEDICAL DIRECTOR OF BOURNEWOOD HOSPITAL



Bournewood's Nursing Staff Looks Forward to Treating Patients in the New Facility

The nursing staff at Bournewood is looking forward to delivering care in the new facility. "Having both additional space and new technology will improve our ability to ensure safety and improve efficiency in care delivery," says Mary Purdy, RN, MSN, Director of Patient Care Services at Bournewood. Purdy points out that enhanced opportunities for ensuring patient privacy during visits or staff meetings with patients will also be a plus for patients and staff. In addition, she says there are opportunities for improving patient care in the new facility, using space and sensory stimulation through colors, sounds and textures, as well as for creating new wooded areas outdoors to contain gazebos where patients can go to enjoy the scenery and relax. "These are exciting possibilities for the future."



About Bournewood Health Systems

Bournewood Hospital is a leader in psychiatric and chemical dependency treatment within a nurturing and supportive environment. It has operated continuously on a 12-acre campus in South Brookline since 1895, and today, Bournewood Hospital serves patients of all ages, all ethnic and socioeconomic groups and all diagnostic categories within its unique comprehensive continuum of care.

Bournewood Health Systems' services include:

- **Psychiatric physicians on campus 24 hours a day, 7 days a week**
- **Triage, assessment and admissions 24 hours a day**
- **Five inpatient units, including a discrete child/adolescent unit**
- **Separate acute residential beds**
- **Separate adult, and child/adolescent partial hospitalization programs**
- **Outpatient services in Brookline, Woburn and Brighton, Massachusetts**
- **Adult partial hospital and ambulatory services available at the Bournewood Caulfield Center in Woburn, Massachusetts**
- **Outpatient practice affiliations throughout the state**

Bournewood Health Systems has contracts with most insurance and managed-care companies including Medicare, Medicaid, Blue Cross, Tufts, Harvard Pilgrim, Magellan, United Behavioral Health, PacifiCare, Cigna and most other major insurance providers.

For more information, visit www.Bournewood.com

Inpatient Location:

Bournewood Hospital
300 South St.
Brookline, MA 02467
(617) 469-0300

Outpatient Offices:

Bournewood Ambulatory Services
300 South St.
Brookline, MA 02467
(617) 469-0300

Bournewood Caulfield Center
23 Warren Ave.
Woburn, MA 01801
(781) 932-0649

Bournewood Clinical Associates
17 Henshaw St.
Brighton, MA 02135
(617) 783-0282

Affiliated Locations:

Colony Care Behavioral Health
11 River St.
Wellesley, MA 02481
(781) 431-1177

Family Associates of Merrimack Valley
201 Chelmsford St.
Chelmsford, MA 01824
(978) 256-1467

Collaborations in Clinical Care
275 Turnpike St., Suite 105
Canton, MA 02021
(781) 821-1760



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