



BOURNEWOOD

HEALTH SYSTEMS

INPATIENT SERVICES

Bournewood Hospital provides inpatient psychiatric and addictions/dual diagnosis treatment for adults and adolescents experiencing acute symptoms of a broad range of clinical conditions. Patients benefit from the expertise of Bournewood's treatment teams, which include psychiatrists, registered nurses, licensed social workers, rehabilitation therapists, mental health counselors and clinical nurse specialists. Psychological, medical and dietetic consultations are also available, as well as academic tutoring by a certified teacher during the school year.

Bournewood's five inpatient units include three secure adult intensive treatment units specializing in treatment of psychiatric disorders, one adult addictions/dual diagnosis unit and one adolescent unit. Bournewood's philosophy emphasizes individualized strength-based treatments. Family education and involvement are encouraged as appropriate. Aftercare planning is also a priority. Bournewood has ambulatory services available on site to provide partial hospital, intensive outpatient and traditional outpatient options. It also has affiliations with numerous outpatient practices and sober homes to help patients transition from the highly structured and secure inpatient environment to less intense but essential community treatment and support systems.

Bournewood's inpatient services, which are covered by most major insurance providers, include:

- Psychiatric evaluation
- Multidisciplinary approach
- Individual, group and family therapy
- Medication management
- Mental health and addiction education and counseling
- Relapse prevention and recovery skills training
- Collaboration with primary care clinicians and other outpatient providers
- Aftercare planning and support in transition to the community
- Treatment for psychiatric and co-occurring disorders
- Separate adult and adolescent programs
- Psychological testing, medical evaluations and treatment, and dietetic consultations as necessary

**FOR REFERRALS
TO OUR
PROGRAM
24 HOURS A DAY,
365 DAYS A YEAR,
CALL
1-800-468-4358**

For more information about Bournewood Hospital, please call 800-468-4358 or visit www.bournewood.com.