



PRODUCED BY BOURNEWOOD HEALTH SYSTEMS, A LEADER IN PROVIDING COMPASSIONATE CARE ALONG THE ENTIRE CONTINUUM OF PSYCHIATRIC AND SUBSTANCE ABUSE SERVICES.

New Year, New Plans for the Future of Bournemouth Hospital

The new year is a time of new beginnings, especially at Bournemouth Hospital. We have just launched a multi-stage plan to modernize our current facility and take advantage of some of the latest advances in health care.

“Under our plans, which are now being finalized, we will be adding a new building on our existing site and also investing in some new equipment that will help streamline our daily operations,” explains Nasir A. Khan, MD, the Chairman and CEO of Bournemouth Health Systems.

“The new building will be a modern facility that will allow the hospital to continue to grow and evolve with the future of health care,” Khan says. He also points out that these changes will not impact the hospital’s existing licensed capacity, but will reconfigure the current facility to make the best use of limited space.

The hospital, which was founded in 1884 and has been in continuous operation on its current site at 300 South Street in Brookline since 1895, is at the present time arranged with the patient beds



BOURNEWOOD'S PROPOSED NEW LOOK.

spread out among several freestanding buildings. Under the new plans, certain hospital beds will be moved to the new building, making our operations more efficient. Further, the new facility will provide more single and double patient rooms, which will enable our staff to better accommodate acutely ill patients and better organize daily functions.

“We have always had an excellent reputation for attracting and retaining the highest quality medical staff and for providing high quality patient care,” Khan says. These improvements are just another way we can continue to uphold this tradition as we move forward over the next few years.”

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New Technologies Benefit Staff and Patients

It's not only the look of Bournemouth Hospital that is undergoing a transformation. We are also in the process of providing our physicians with easier access to patients' past medical histories through a database of admission information. This will better enable people to move seamlessly through our comprehensive continuum of care. We are also launching a voice recognition system for physicians, helping them to more efficiently transcribe their case notes and make the information available electronically. These tools are part of our ongoing commitment to stay current in the field and provide the best setting for our staff and our patients. *For more details about these efforts, see page 2.*

See page 5 for more drawings of Bournemouth's future look.

The four guiding principles that shape all of the facets of Bournemouth Health Systems' services include:

- ACCESS TO CARE
 - QUALITY OF CARE
 - COST-EFFECTIVE CARE
 - PATIENT SATISFACTION
- www.bournemouth.com



New Technologies Benefit Staff and Patients

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Making Patients' Medical Histories More Accessible for Physicians

Bournewood's medical staff will soon be able to access patients' past admission and discharge records with just a few strokes on a keyboard, thanks to our efforts to create a master database with this information. Under the new system, each physician will be able to download previous hospital records, including discharge summaries and psychiatric evaluations, right from their desktop computers or laptops and use the information to develop a personalized treatment plan.

“This is an important step, since it will save valuable time for our physicians and will allow them to respond with an individualized treatment plan for patients as promptly as they can,” explains Raymond Robinson, MBA, Bournewood Hospital's President. He also points out that from a patient's perspective, the improved access to information will enhance medical care.

The software has a **built-in audit function**, which will ensure that patient confidentiality is maintained at all times and will prevent unauthorized access to protected information in compliance with HIPPA regulations.

The new software is being piloted now by three of Bournewood's physicians and will be accessible by the rest of the medical staff in the near future.

“Creating this master database is part of Bournewood's long term plan to create a broader **electronic medical records system**,” Robinson says, adding, “We are taking our time with this process to ensure the final result is a very effective system with all of the appropriate security measures in place.”

Piloting a Voice Recognition System

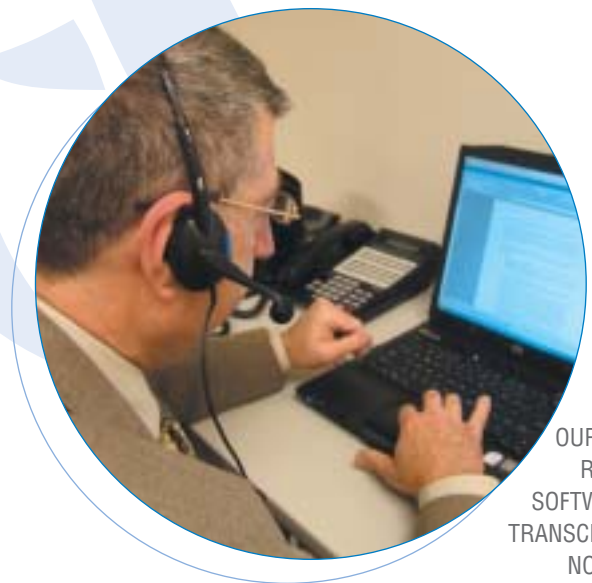
Transcribing case notes may soon be a thing of the past for Bournewood's physicians, some of whom are in the midst of testing a new voice recognition program called **Dragon NaturallySpeaking**.

This computer software responds to a physician's voice through a special headphone system. This means that the physician can dictate patient notes aloud, and the voice recognition feature will

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TABLET COMPUTERS PROVIDE QUICK ACCESS TO INFORMATION.



OUR NEW VOICE RECOGNITION SOFTWARE MAKES TRANSCRIBING CASE NOTES EASIER.



New Technologies Benefit Staff and Patients

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automatically type the words into a document. The information is transcribed at a rate of about three times faster than the average person types, making it a valuable device to improve efficiency.

“This is a wonderful tool to help our physicians record their case notes right on their computers in record time and with great accuracy,” says Carmel Heinsohn, MD, Bournewood’s Medical Director. She adds that in today’s fast-paced

managed care environment, these and other new technologies are key to helping the medical staff make the best use of their time and obtain the best patient outcomes.

The software will be used by physicians right on their desktop computers or on new tablet computers that will be made available for several members of our medical staff.

Nurses Use New Patient Safety System to Administer Medication

Good things often come in small packages. Like the new patient safety system IntelliDOT, which is a handheld monitor and interface system that will change the way Bournewood’s nurses do business.

The system works by facilitating communication among the nurses, physicians and pharmacists during the patient medication administration process at the point of contact with the patient.

For example, when a physician submits orders to the pharmacy, the pharmacist packages the medication container and applies a bar code. It’s then delivered to the unit to be administered by an RN, who uses the IntelliDOT handheld monitor to scan the bar code on the medicine and scan the patient’s ID bracelet. The bar codes must match, ensuring that the right medication is being given to the right patient and also instructing the nurse on exactly how the physician wants the medication to be given.

“The use of barcodes and scanning fosters improved safety in administering medications to each patient,” says Mary Purdy, RN, MSN, Director of Patient Care Services. “The use of this device will reduce the chance of the wrong medication reaching a patient. It will also assist nurses by alerting them to potential drug interactions because it has a preloaded library of our formulary and a drug handbook reference.”

Further, the system records the dispensing electronically, so there is no need for the nurses to make other manual documentation. This eliminates the possibility of medication and patient safety errors, and frees up our nurses’ time to attend to other patient care duties.



THE INTELLIDOT MONITOR ENSURES ALL MEDICATIONS ARE GIVEN SAFELY.





Bournewood Meets Patient Needs With a Full Continuum of Care

Bournewood Hospital's wide range of inpatient and partial hospital programs can be tailored to meet patients' specific needs as they move along the recovery process. These programs, which are covered by most major insurance providers, include the following:

Adult Intensive Inpatient Treatment Units

Our intensive inpatient programs provide structure and treatment to acutely ill patients.

Chemical Dependency/Dual Diagnosis Inpatient Program

Our chemical dependency/dual diagnosis inpatient treatment program integrates mental health and addiction treatment for adults within a broader framework for recovery.

Child/Adolescent Inpatient Program Children and adolescents in need of intensive treatment for emotional, behavioral and psychiatric disorders benefit from the experience and compassion offered by our highly-trained staff.

Adult Dual Diagnosis Acute Residential Treatment Program Adults struggling with co-occurring problems work closely with our multi-disciplinary team to address both issues within a supportive environment.

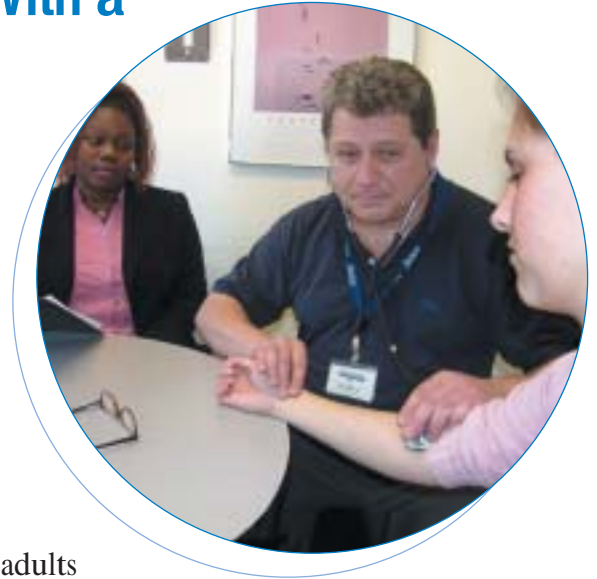
Adult Partial Hospital Program This is an appropriate choice for adults who are able to continue living at home while receiving treatment services.

Child/Adolescent Partial Program Young people with psychiatric and/or substance abuse problems who are having difficulty in school may benefit from participating in our intensive outpatient program.

Evening Intensive Outpatient Program This evening option allows patients to work during the day and continue meeting their daily responsibilities while participating in our treatment program a few evenings a week.

Caulfield Center People who live in the Woburn area and are in need of care for psychiatric and substance abuse issues can access treatment locally through our day program located in the Choate Medical Center.

Outpatient Services Bournewood operates outpatient services in Brookline, Woburn and Brighton, MA, and also has contractual agreements with group mental health practices in Chelmsford, Wellesley, and Canton, MA, so that people who live in these areas can access services within their own communities.



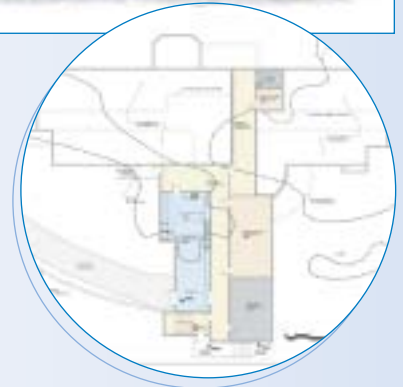
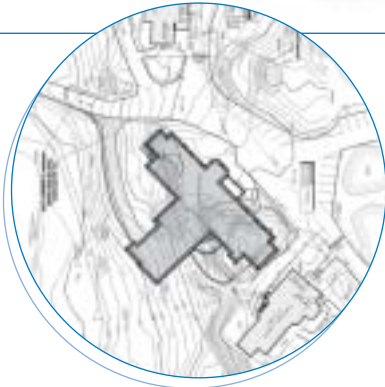
For more information about any of our programs, please call our admissions office at 1-800-468-4358 or visit our website at www.bournewood.com





A Glimpse of Bournewood's Future Look

These are the architect's rough drawings of what Bournewood's new facility will look like when it is complete. THESE DRAWINGS ARE COURTESY OF GRAHAM|MEUS ARCHITECTS IN BOSTON, MA.



Bournewood's History Is Captured in Print

When Henry Rust Stedman, MD, founded Bournewood Hospital more than 100 years ago, he wanted to create a nurturing environment where people suffering from mental illness could rest and receive the care they needed to recover. Today, Nasir A. Khan, MD, the current Chairman and CEO, works hard to continue this longstanding tradition of providing high-quality personalized treatment. He also incorporates the latest advances in modern medicine, so patients at Bournewood get the best of both worlds, which translates to an exceptional level of care.



The history of Bournewood Hospital and Khan's ongoing commitment to our facility has been featured in a new coffee table book called *Boston, City on a Hill: An Illustrated History*, which is written by Alan and Lisa Rogers and is published by the American Historical Press. Copies are available for sale at booksellers in the greater Boston area and online at Amazon.com and BarnesandNoble.com.



About Bournewood Health Systems

Bournewood Hospital is a leader in psychiatric and chemical dependency treatment within a nurturing and supportive environment. It has operated continuously on a 12-acre campus in South Brookline since 1895, and today, Bournewood Hospital serves patients of all ages, all ethnic and socio economic groups and all diagnostic categories within its unique comprehensive continuum of care.

Bournewood Health Systems' services include:

- Psychiatric physicians on campus 24 hours a day, 7 days a week
- Triage, assessment and admissions 24 hours a day
- Five inpatient units, including a discrete child/adolescent unit
- Separate acute residential beds
- Separate adult, and child/adolescent partial hospitalization programs
- Outpatient services in Brookline, Woburn and Brighton, Massachusetts
- Adult partial hospital and ambulatory services available at the Bournewood Caulfield Center in Woburn, Massachusetts
- Outpatient practice affiliations throughout the state

Bournewood Health Systems has contracts with most insurance and managed-care companies including Medicare, Medicaid, Blue Cross, Tufts, Harvard Pilgrim, Magellan, United Behavioral Health, PacifiCare, Cigna and most other major insurance providers.

For more information, visit www.Bournewood.com

Inpatient Location:

Bournewood Hospital
300 South St.
Brookline, MA 02467
(617) 469-0300

Outpatient Offices:

Bournewood Ambulatory Services
300 South St.
Brookline, MA 02467
(617) 469-0300

Bournewood Caulfield Center
23 Warren Ave.
Woburn, MA 01801
(781) 932-0649

Bournewood Clinical Associates
17 Henshaw St.
Brighton, MA 02135
(617) 783-0282

Affiliated Locations:

Colony Care Behavioral Health
11 River St.
Wellesley, MA 02481
(781) 431-1177

Family Associates of Merrimack Valley
201 Chelmsford St.
Chelmsford, MA 01824
(978) 256-1467

Collaborations in Clinical Care
275 Turnpike St., Suite 105
Canton, MA 02021
(781) 821-1760

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