



PRODUCED BY BOURNEWOOD HEALTH SYSTEMS, A LEADER IN PROVIDING COMPASSIONATE CARE ALONG THE ENTIRE CONTINUUM OF PSYCHIATRIC AND SUBSTANCE ABUSE SERVICES.

Celebrating Bournewood's Accomplishments

Bournewood Hospital has much to celebrate this year, having reached its *125th anniversary milestone* and also being honored with Citations on this achievement from *Massachusetts Governor Deval L. Patrick* and *the National Alliance on Mental Illness (NAMI) of Massachusetts*.



The hospital has also received approval from the *Brookline Zoning Board of Appeals* on plans to modernize the facility to provide more spacious patient care and living areas.

(See inside for more details.)

“We’re gratified by all of the attention we’ve received on behalf of our accomplishments, as well as by the many possibilities that exist for the hospital's future,” explains Nasir A.

Khan, MD, Bournewood’s Chairman and CEO.

“Bournewood Hospital is proud of its commitment to providing outstanding patient care that began 125 years ago and still continues to guide its efforts today.” ■

For more information about Bournewood’s programs and services, please call 1-617-469-0300 or visit our website at www.bournewood.com.

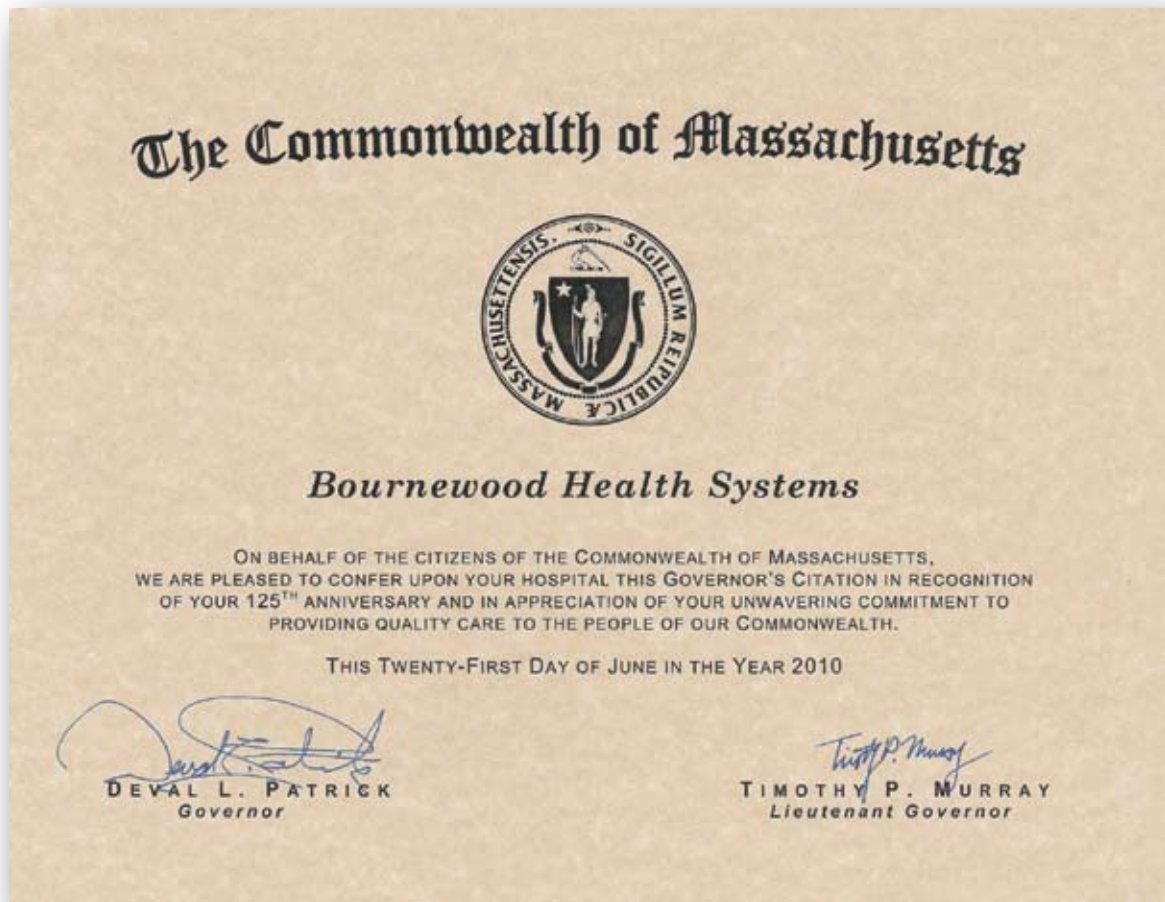
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RECOGNITION FROM THE STATE FOR BOURNEWOOD'S ACHIEVEMENTS



Sometimes history has a chance to repeat itself. This is certainly the case with BourneWood Hospital's latest Citation from **Governor Deval L. Patrick** on behalf of the Commonwealth of Massachusetts in recognition of the hospital's 125 years of service to patients and their families. A similar honor was presented to BourneWood 25 years ago by the former **Governor Michael Dukakis** for the hospital's Centennial celebration.

"Such ongoing recognition of BourneWood Hospital's accomplishments is a testimony to the dedication of



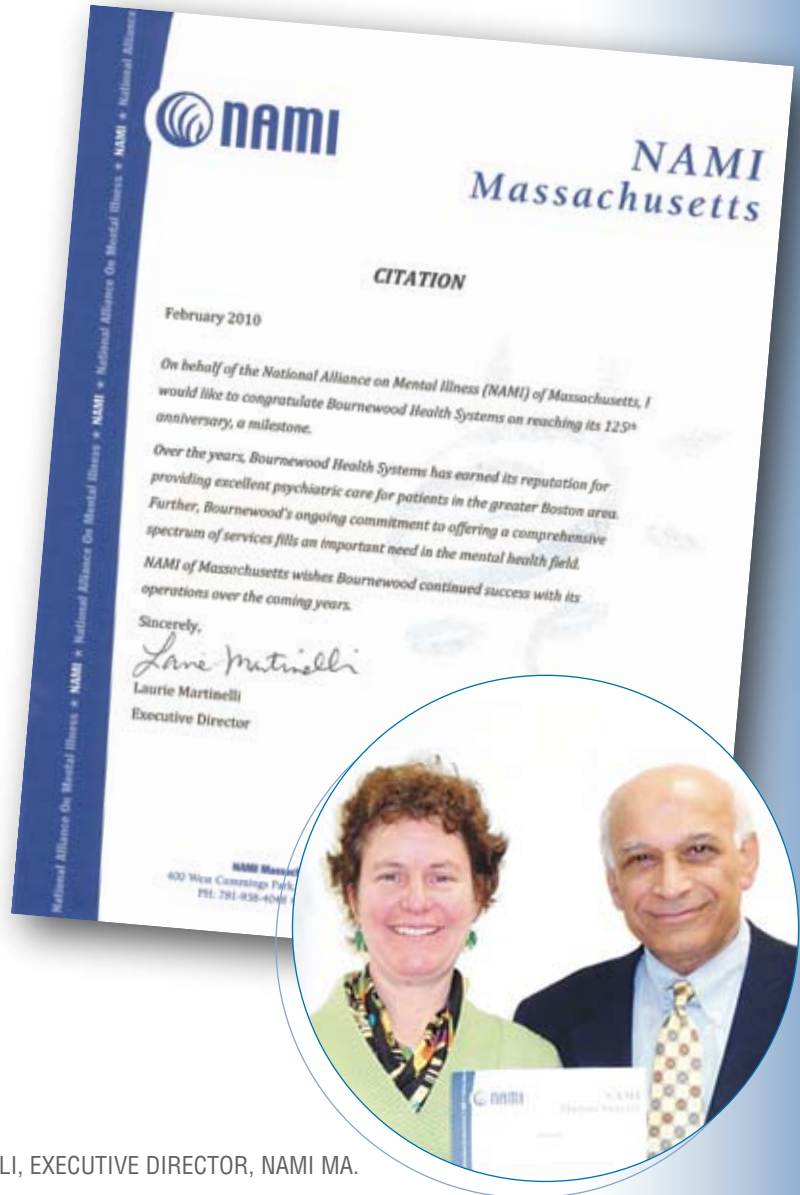
DR. KHAN AND SENIOR MANAGERS WITH GOVERNOR PATRICK.

our medical and professional staff members, which has remained exceptionally strong over the years," says Carmel Heinsohn, MD, BourneWood's Medical Director. "It's because of this ongoing commitment to providing excellent, personalized patient care that we've been able to effectively treat people with a range of psychiatric diagnoses and severities, and to connect them with the support and services they need when they return to the community." ■

RECOGNITION FROM THE ADVOCACY COMMUNITY

Bournewood strives to provide high quality care for its patients. In fact, it's this very emphasis on patient care that recently led Laurie Martinelli, the Executive Director of the **National Alliance on Mental Illness (NAMI) of Massachusetts**, to present the hospital with a Citation on its 125th anniversary milestone.

“Bournewood’s comprehensive continuum of psychiatric and chemical dependency services have been developed to meet patients’ individual and collective needs effectively in a nurturing and supportive environment,” says Raymond Robinson, MBA, President of Bournewood Hospital. “We value NAMI’s recognition of the essential services that Bournewood provides within the Massachusetts mental health system and we look forward to continuing to be a resource for patients and families for many more years.” ■



DR. KHAN WITH LAURIE MARTINELLI, EXECUTIVE DIRECTOR, NAMI MA.

VISION FOR THE FUTURE

What’s old may become new again, thanks to Bournewood’s upcoming modernization plans.

“We’re pleased to announce that we’ve been granted approval from the **Brookline Zoning Board of Appeals** to move forward with plans to update our current facility,” says Nasir A. Khan, MD, the Chairman and CEO of Bournewood.

Dr. Khan points out that the hospital’s current configuration already meets or exceeds all municipal,

state and federal standards. Making some strategic changes will enable Bournewood’s services to continue to evolve along with the needs of its patients. The plans are designed to maintain the comfortable, nurturing and safe hospital environment, while creating a more spacious modern unit without affecting the current 90-bed licensed capacity.

These changes reflect Bournewood’s ongoing commitment to serving the needs of patients in Massachusetts. ■



Celebrating 125 years of Excellence

Bournewood's Past:

When psychiatrist Henry Rust Stedman, MD, founded Bournewood Hospital in 1884, his goal was to create a place where people could come to rest and recuperate from emotional stresses. Back then, he could not have anticipated that his dream would still be alive and flourishing more than a century and a quarter later, and that his vision for Bournewood would have evolved as it has to meet the ever-changing demands of the world around it.



Bournewood's Present:

Today, the hospital is licensed for 90 patient beds, and patients have access to a range of contemporary psychiatric treatment modalities and the expertise of highly trained staff members.

Bournewood offers a range of clinical options along a comprehensive continuum of care that can be individualized to meet each patient's particular needs in the most effective way. Approximately 3,800 inpatients are treated at Bournewood each year, with most patient stays lasting less than a week. Another 1,000 patients access services through Bournewood's Partial Hospital Program each year.

Bournewood also serves as a training site for medical students, psychiatric residents and fellows, as well as psychology, social work, nursing, activity and expressive therapy and pharmacy students from a number of top universities, colleges and training centers in and around the Boston area. These training experiences provide valuable learning opportunities for students, who bring enthusiasm, energy and commitment to their work with both patients and staff.



Bournewood's Future:

Bournewood's plans for the future, which were recently approved by the [Brookline Zoning Board of Appeals](#), include constructing a new, modern building on its Brookline campus and relocating some of the hospital's beds to improve efficiency and enable the staff to better serve the needs of acutely ill patients. The new facility will also provide just single and double patient bedrooms, which will enhance the hospital's efforts to ensure that patients have as much privacy as reasonably possible.

Technology will also play an increasingly important role in the future of Bournewood Hospital. In fact, the hospital has already started integrating some technological advances into the daily operations, such as expanding its electronic medical information system and offering access to a voice recognition transcription system and bar coding medication system to ensure patient safety. Bournewood will continue to expand on these initiatives in the coming years.



**Visit our new
and improved
website at
www.bournewood.com**

Bournewood's admissions and receptionist staff are on duty 24 hours a day, 365 days a year. The hospital also offers transportation to our facility from designated locations.



About Bournewood Health Systems

Bournewood Hospital is a leader in providing psychiatric and substance abuse treatment in a nurturing and supportive environment. It has operated continuously since 1884 and today, Bournewood Hospital serves patients of all ages, all ethnic and socio-economic groups and all diagnostic categories within its comprehensive continuum of care.

Bournewood Health Systems' services include:

- Psychiatric physicians on campus 24 hours a day, 7 days a week
- Triage, assessment and admissions 24 hours a day
- Five inpatient units, including a discrete child/adolescent unit
- Separate adult and child/adolescent partial hospital and intensive outpatient programs on the hospital's campus
- Adult partial hospital and intensive outpatient programs at the Bournewood/Caulfield Center in Woburn, Massachusetts
- Outpatient services in Brookline, Woburn and Brighton, Massachusetts
- Outpatient practice affiliations throughout the state
- Affiliations with several sober homes in the greater Boston area

Bournewood Health Systems has contracts with most insurance and managed-care companies including Medicare, Medicaid, Blue Cross, Tufts, Harvard Pilgrim, Magellan, United Behavioral Health, PacifiCare, Cigna, MBHP, Beacon and most other major insurance providers.

For more information, visit www.Bournewood.com

Inpatient Location:

Bournewood Hospital
300 South St.
Brookline, MA 02467
(617) 469-0300

Outpatient Offices:

Bournewood Ambulatory Services
300 South St.
Brookline, MA 02467
(617) 469-0300

Bournewood/Caulfield Center
23 Warren Ave.
Woburn, MA 01801
(781) 932-0649

Bournewood Clinical Associates
17 Henshaw St.
Brighton, MA 02135
(617) 783-0282

Affiliated Locations:

Colony Care Behavioral Health
11 River St.
Wellesley, MA 02481
(781) 431-1177

Family Associates of Merrimack Valley
201 Chelmsford St.
Chelmsford, MA 01824
(978) 256-1467

Collaborations in Clinical Care
275 Turnpike St., Suite 105
Canton, MA 02021
(781) 821-1760

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